

---

# Canadian Anesthesia Return To Work Programme

November 16, 2019

---

Cost: \$250

Maximum participants: 8

## Overview

This Anesthesia Return To Work (RTW) Programme is based on the UK's highly successful GASagain course and the results of a Canadian Needs Analysis Survey, which ensures it is tailored to the Canadian context.

Returning to work after a voluntary, temporary leave of absence can be challenging because of reduced confidence in one's skills and ability to perform one's job. An anesthesiologist may feel inadequate at performing tasks that used to be done with ease.

This Canadian programme supports anesthesiologists in their return to work. It aims to update participants' knowledge, provide hands-on practice/practical skills, and experience in managing anesthesia crises/critical events through workshops, simulation, and group discussion, as well as providing peer support for non-clinical components of the return to work process.

To optimally support participants there are limited spaces, ensuring a high faculty to participant ratio and provision of individual attention. Scenarios are catered to the needs of participants.

This programme is only one component of a RTW process and compliments departmental support and additional preparations, such as familiarizing oneself with the intended RTW centre/hospital.

---

Room 3R19 Edmonton General  
Continuing Care Centre, eSIM North  
Simulation and Administration Centre  
11111 Jasper Avenue, Edmonton, AB  
T5K 0L4

---

Programme Contact: Judy Marois MD  
FRCPC Anesthesiology  
Email: [judith.marois@ucalgary.ca](mailto:judith.marois@ucalgary.ca)

## Topics include

---

Airway

Pre-assessment

CICO skills and management

Critical anesthetic emergencies

## Continuing Professional Development (CPD)

---

*This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the University of Calgary Office of Continuing Medical Education and Professional Development. You may claim a maximum of **4.25 hours** (credits are automatically calculated).*

*This activity is an Accredited Simulation Activity (Section 3) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the University of Calgary Office of Continuing Medical Education and Professional Development. You may claim a maximum of **2.0 hours** (credits are automatically calculated).*

---

## Who

This course is ideally for/targeted to:

- Those with at least 1 year of anesthesia practice/experience (some basic knowledge of how to give an anesthetic is assumed)
- Voluntary absence from clinical practice less than 3 years
- Planned RTW within the next 3-6 months
- Educational or full registration with CPSA

## What to expect

Confidence building (primary goal of the programme)

Reorientation to the anesthesia workspace

Practice applying algorithms in medium/high fidelity simulation

Practice non-technical skills (teamwork, communication, crisis resource management)

Insight into limitations (fatigue, anxiety, lack of confidence on return to work)

Group sharing of experience and knowledge, experimental learning and self-reflection

## Additional information

---

Prior to the course you will receive access to supplementary materials through the University of Calgary's D2L site.

This is not a pass/fail course. There is no assessment component and no competency letter will be provided, only a certificate of participation. The performance and competence of participants will not be discussed with employers/regulators/supervisors of training.

Participants will sign a confidentiality agreement at the start of the day so that scenario details are not divulged so that future participants may obtain maximum benefit.